

Update on DDIs of Antiretroviral Drugs

José Moltó MD, PhD

“Lluita contra les Infeccions” Foundation

Infectious Diseases Department

Hospital Universitari Germans Trias i Pujol

Badalona, Spain

Overview

1

Scenarios for DDIs

2

Interaction Potential of a Drug

3

Main ARV Interactions of Concern

4

DDIs of new ARVs

Overview

1

Scenarios for DDIs

2

Interaction Potential of a Drug

3

Main ARV Interactions of Concern

4

DDIs of new ARVs

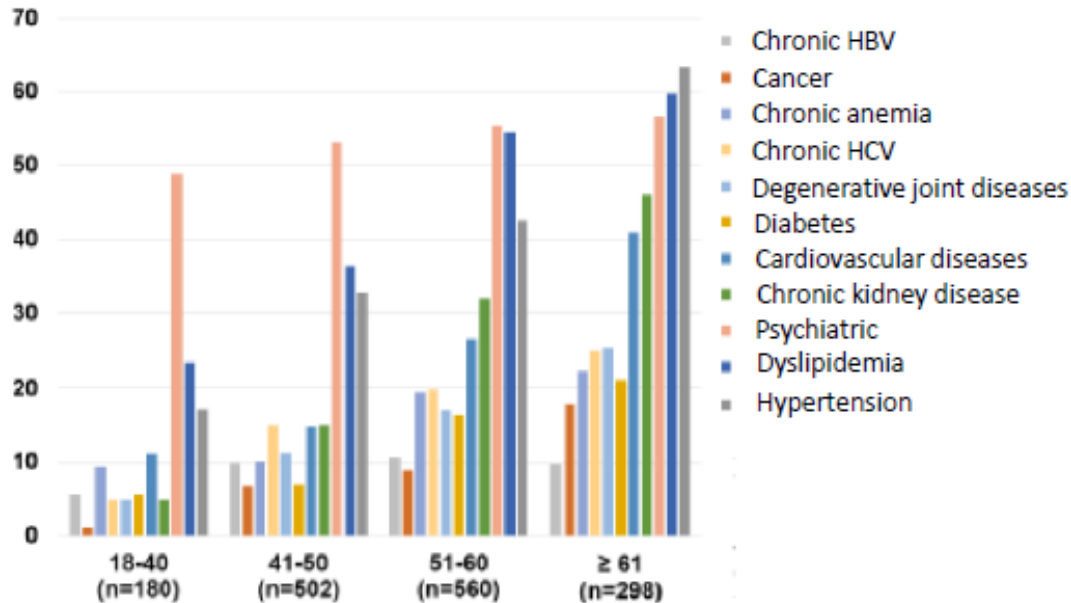
Scenarios for DDIs



Comorbidities and polypharmacy (≥ 5 co-meds increase with age)

US HIV HOPS cohort

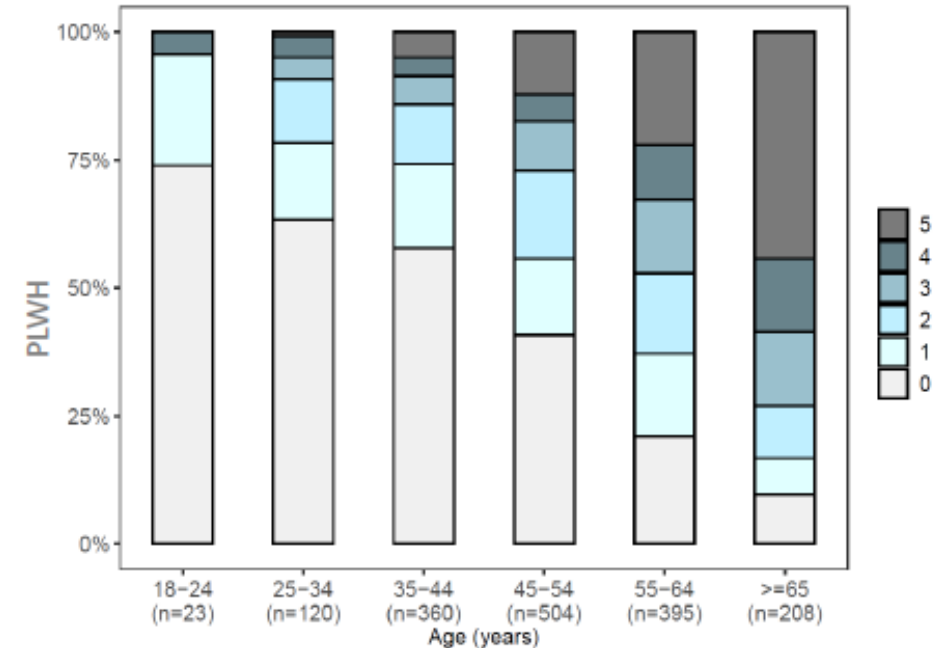
Prevalence of comorbidities



Palella FJ et al. AIDS 2019

Swiss HIV Cohort

Number of non- HIV medications



Courlet P et al. Open Forum Infect Dis 2020

Similar observations in other HIV cohorts:

GEPO (Guaraldi. BMC Geriatr 2018)

EuroSIDA (Pelchen-Matthews. AIDS 2018)

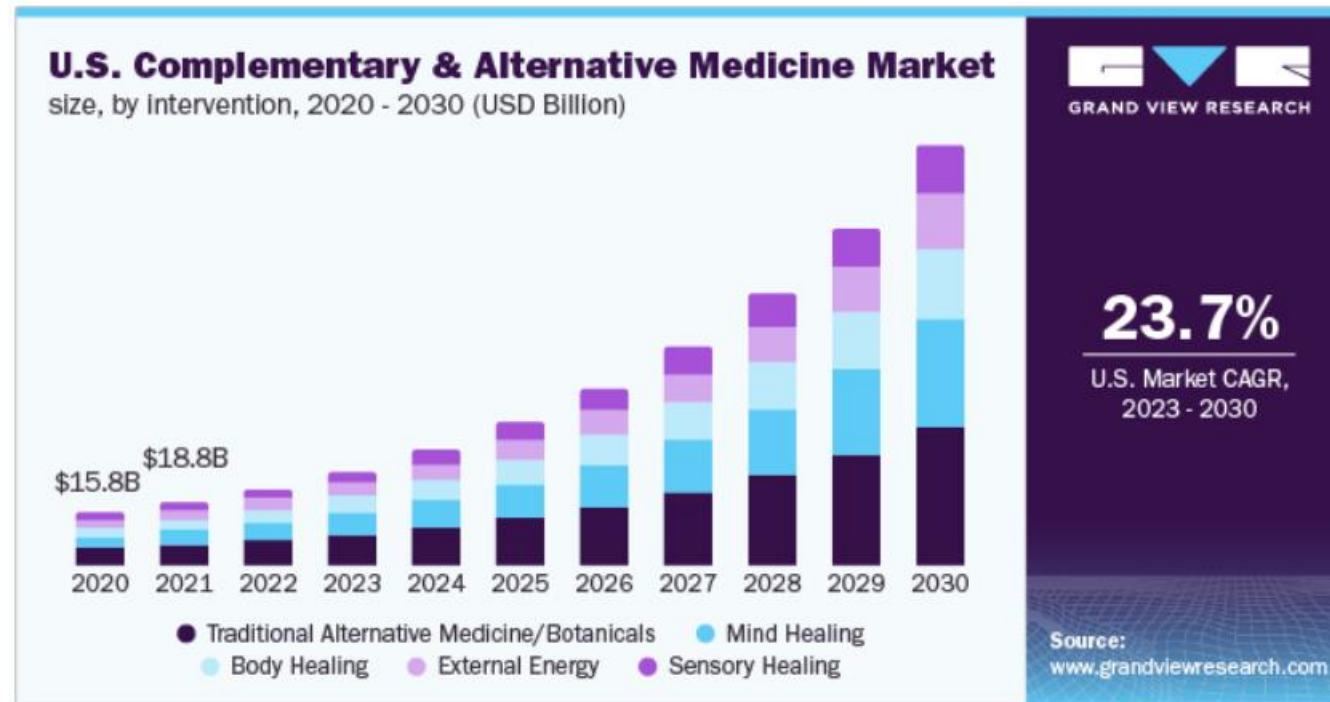
Dat'AIDS (Allavena. PlosOne 2018)

Swiss HIV cohort (Hasse. AIDS 2011)

Scenarios for DDIs



Complementary And Alternative Medicine Market Size, Share & Trends Analysis Report By Intervention (Botanicals, Mind Healing, Body Healing, External Energy, Sensory Healing), By Distribution Method, By Region, And Segment Forecasts, 2023 - 2030



The global complementary and alternative medicine market size was valued at USD 117,210.3 million in 2022 and is expected to expand at a compound annual growth rate (CAGR) of 25.1% from 2023 to 2030.

Scenarios for DDIs

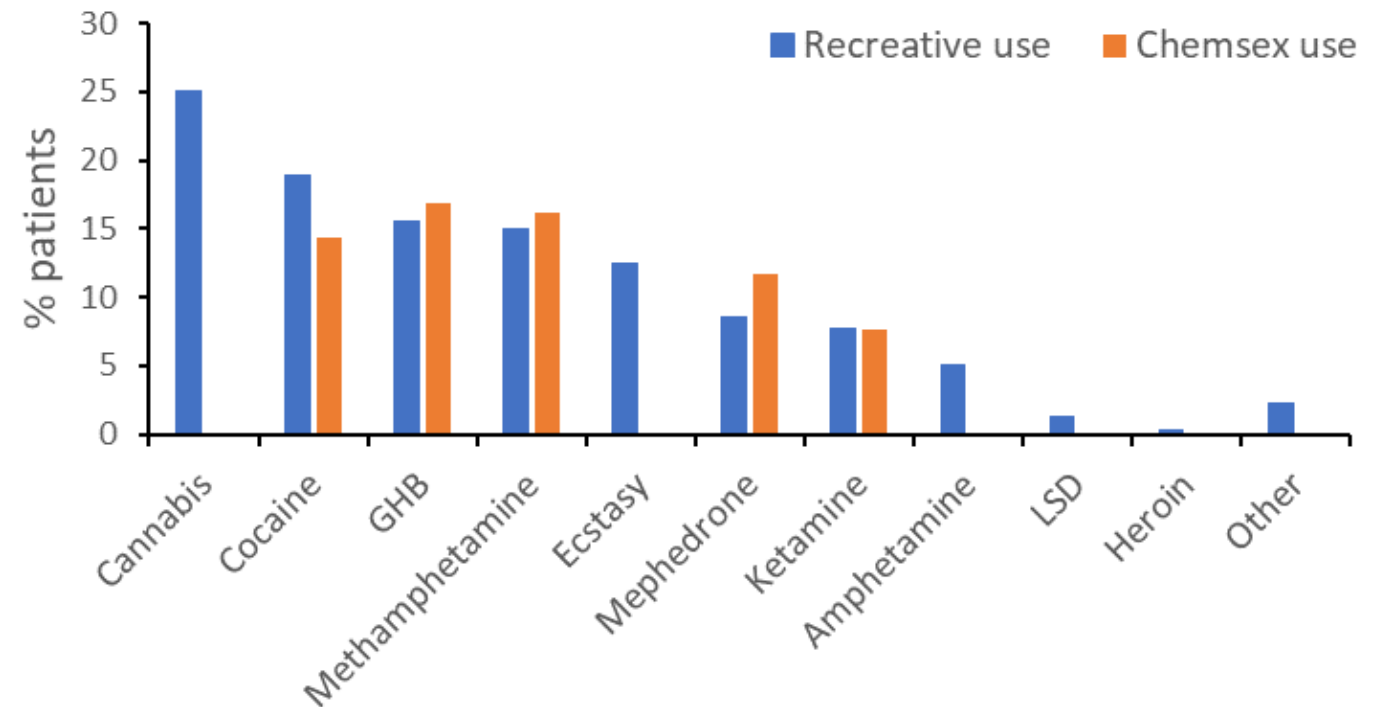




Chems4EU: chemsex use and its impacts across four European countries in HIV-positive men who have sex with men attending HIV services

In the previous 12 months

- 44.6% had used any recreational drugs
- 24.0% reported chemsex
- 6.5% reported slamsex



Scenarios for DDIs



Overview

1

Scenarios for DDIs

2

Interaction Potential of a Drug

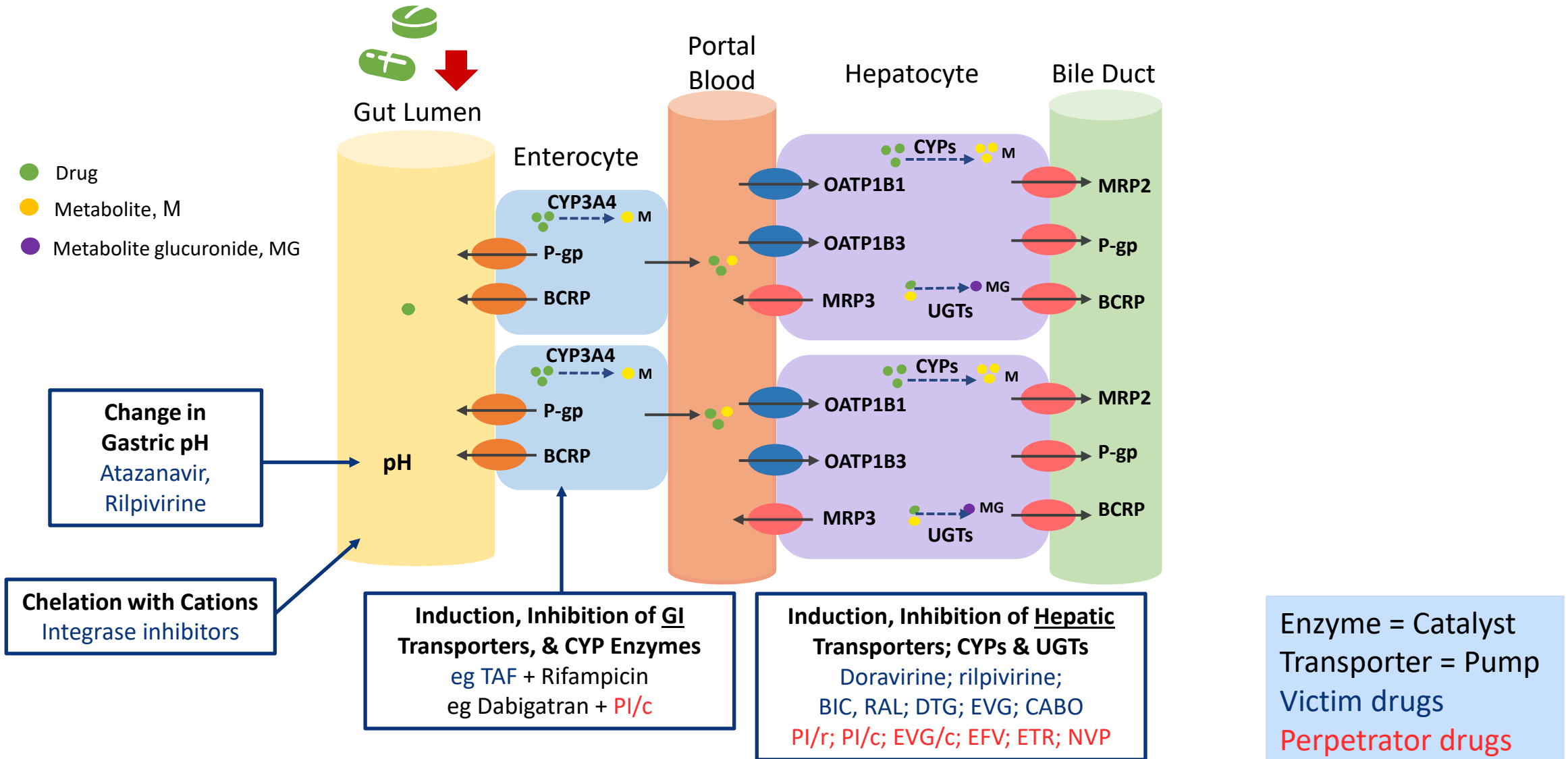
3

Main ARV Interactions of Concern

4

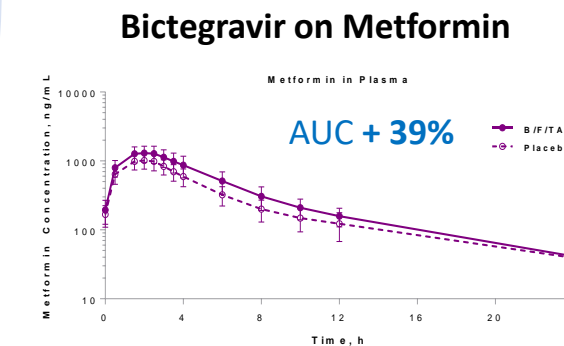
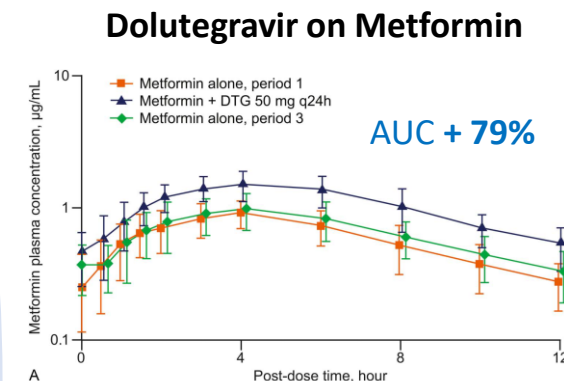
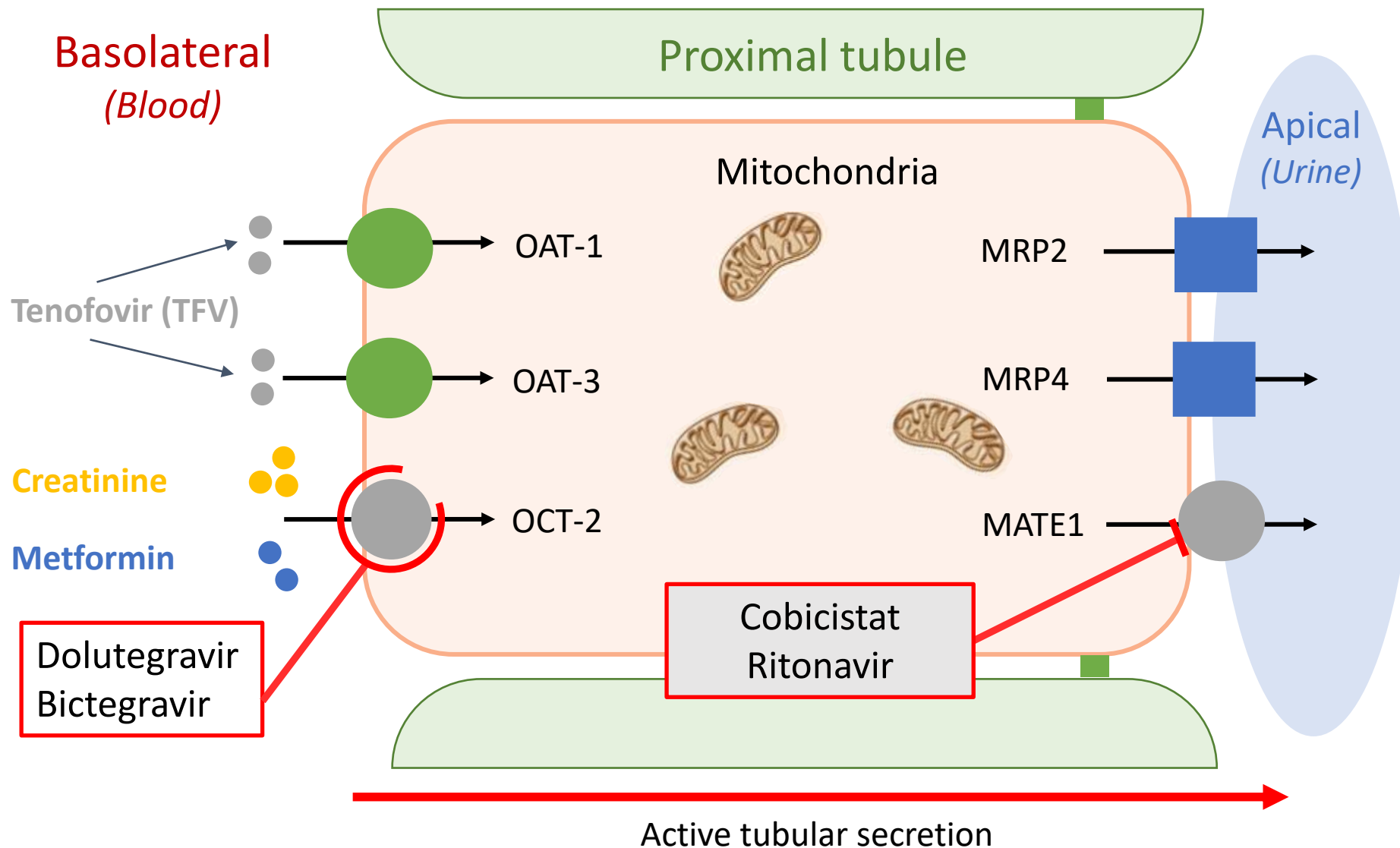
DDIs of new ARVs

Interaction Potential of a Drug: Disposition and Mechanisms of DDIs



GI, gastrointestinal; P-gp, P-glycoprotein; BCRP, breast cancer resistance protein; OAT, organic anion transporter; MRP, multidrug resistance-associated protein; UGT, UDP-glucuronosyltransferase; PI, protease inhibitor; /r, ritonavir; /c, cobicistat.

Some DDIs can Occur in the Kidney



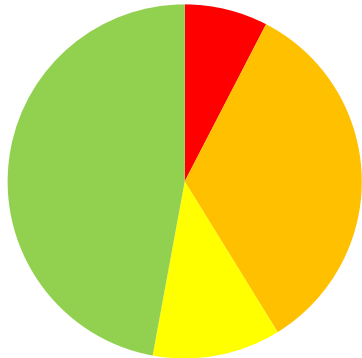
OAT, organic anion transporter; OCT, organic cation transporter;
MRP, multidrug resistance-associated protein;
MATE, multidrug and toxin extrusion protein.

Song IH, et al. *J Acquir Immune Defic Syndr* 2016; **72**(4):400–407;
Custodio J, et al. *Open Forum Infect Dis* 2017; **4**(Suppl1):S249.

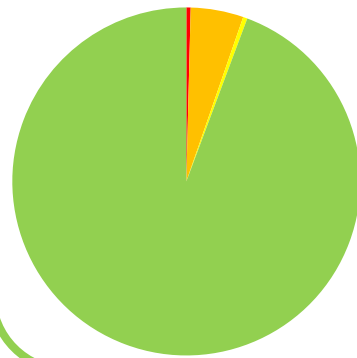
DDI Profile of Antiretroviral Drugs: www.hiv-druginteractions.org

n ≈ 750 Co-medications

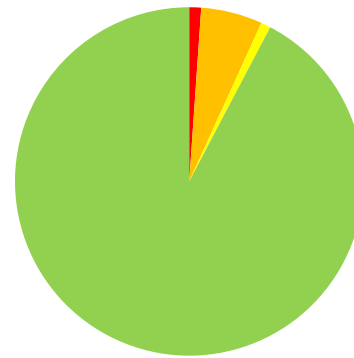
Boosted ARV



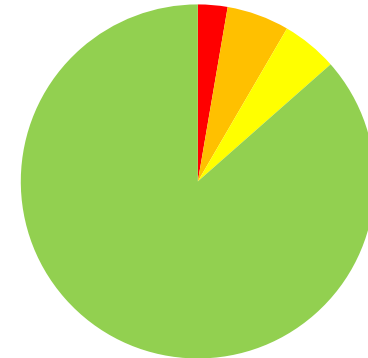
Raltegravir



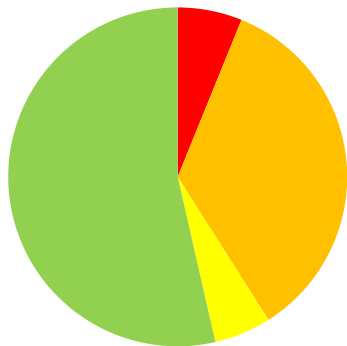
Dolutegravir



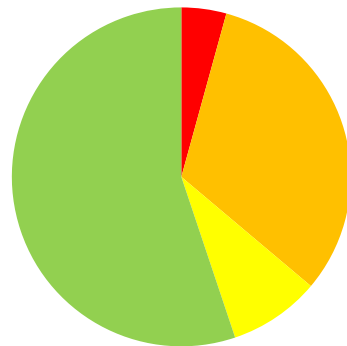
Bictegravir



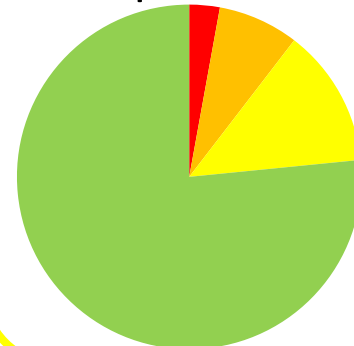
Efavirenz



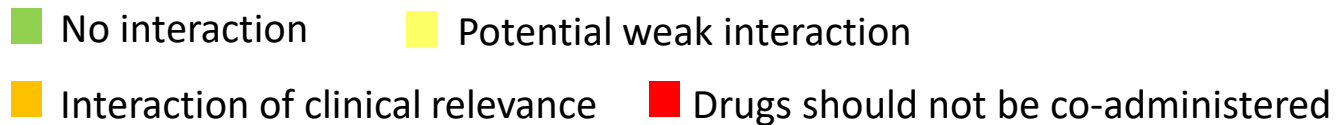
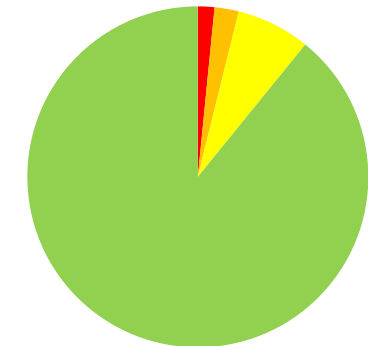
Etravirine



Rilpivirine



Doravirine



Overview

1

Scenarios for DDIs

2

Interaction Potential of a Drug

3

Main ARV Interactions of Concern

4

DDIs of new ARVs

Patient #1

57 yo male.

Multi-R HIV. ART: **DRV/r bid + ETR + DTG**

COPD frequent worsenings.

GP wants to prescribe **inhaled CE**

Which is your referred option for this patient?

- 1) Fluticasone / salmeterol
- 2) Beclometasone / formoterol
- 3) Budesonide + salbutamol
- 4) Any after stopping DRV/r

Interaction between antiretroviral boosters and corticosteroids can lead to development of Cushing's syndrome

Hypothalamic–pituitary–adrenal axis suppression by inhaled or nasal corticosteroids in HIV-infected patients

International Journal of Clinical Pharmacy (2020) 42:347–350

Ritonavir/Cobicistat-Induced Cushing Syndrome in HIV Patients Treated With Non-Oral Corticosteroids: A Call for Action?

Am J Med Sci. 2021 Jan;361(1):137-139

Inhaled corticosteroid use in HIV-positive individuals taking protease inhibitors: a review of pharmacokinetics, case reports and clinical management

HIV Medicine (2013), 14, 519–529



Clinical cases including ARVs and Fluticasone

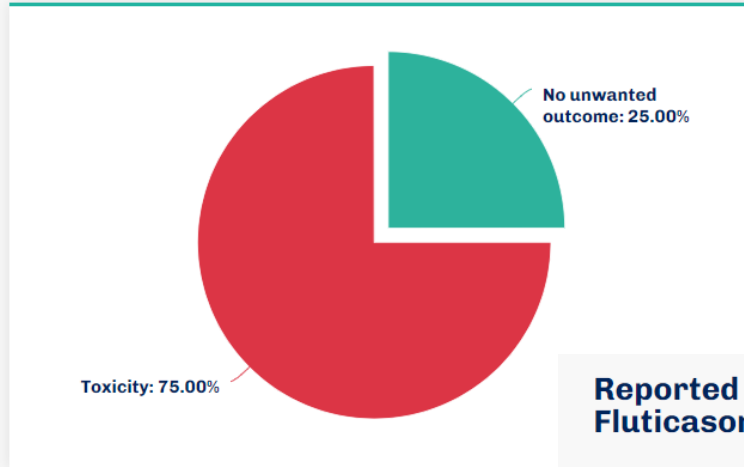


There are 4 clinical cases including any of the components of and **Fluticasone** in our database.

Out of these, the clinical outcome was as follows:

- No unwanted outcome in 1 (25.0 %) cases
- Toxicity in 3 (75.0 %) cases

Outcomes



Reported clinical cases involving ARVs and Fluticasone

👁 Visited Case

P = Perpetrator V = Victim

View	ARV involved	Comedication	Outcome† (A-Z)/! (Z-A)
👁	Cobicistat (P)	Fluticasone (V)	Toxicity
👁	Cobicistat (P)	Fluticasone (V)	No unwanted outcome
👁	Ritonavir (P)	Fluticasone (V)	Toxicity
👁	Ritonavir (P)	Fluticasone (V)	Toxicity

Corticosteroids (risk for DDIs)

High risk	Intermediate risk	Low risk
Fluticasone Budesonide Momethasone Triamcinolone Dexamethasone*	Methylprednisolone (intraarticular, epidural, reduce dose 30%)	Beclomethasone (inhaled, nasal) Hydrocortisone (topic)

Use the minimum effective dose for the shortest time period

Close monitoring. Consider monitoring cortisol levels

*Victima & perpetrator (multiple dosing)

Patient #2

29 yo male.

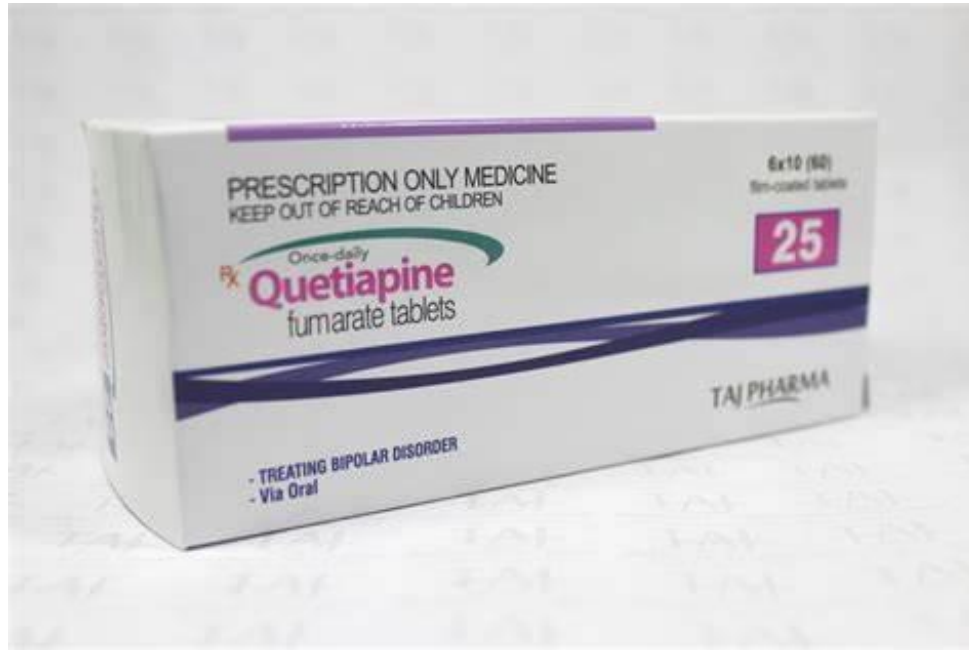
ART: **DRV/c/FTC/TAF**

Schizophrenia

Prescribed with **quetiapine**

Which is your attitude with this patient?

- 1) Change ART
- 2) Change anti-psychotic (alternatives?)
- 3) Start with initial dose of quetiapine 100 mg bid (target dose 300 mg/day)
- 4) Start with full dose of quetiapine 300 mg/day and monitor adverse events



Report a Case

Clinical cases including
Cobicistat and **Quetiapine**

Outcomes



European SPC COBI is contraindicated with quetiapine due to the known inhibition of CYP3A4 metabolism by cobicistat and therefore potential increase in quetiapine exposure.

In the US prescribing information the recommendation is to dose reduce the quetiapine to 1/6th of the dose.

Patient #3

45 yo male

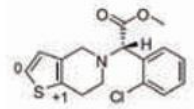
ART: **DRV/c + RPV**

Coronary syndrome – AMI with coronary stent

Prescribed with **AAS + clopidogrel, simvastatin 40 mg qd, valsartan 50 mg qd, carvedilol 6.25 mg qd, omeprazole 20 mg qd**

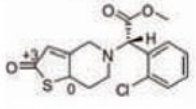
Which is your expected outcome?

- 1) Nothing remarkable
- 2) Lack of efficacy of ART
- 3) Lack of efficacy of co-medication
- 4) Potential toxicity of co-medication



Clopidogrel (inactive)

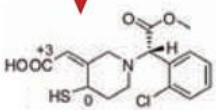
Oxidation by cytochromes



2-oxo-clopidogrel (inactive)

No platelet inhibition

Hydrolytic cleavage by PON1 esterase



Thiol metabolite (active)

Platelet inhibition

Do Not Coadminister
Darunavir/Cobicistat/ Emtricitabine/Tenofovir alafenamide (DRV/c/FTC/TAF)
Clopidogrel

Coadministration of clopidogrel and ritonavir (100 mg twice daily) decreased the AUC and Cmax of clopidogrel’s active metabolite by 51% and 48%.

The decrease in clopidogrel’s active metabolite leads to insufficient inhibition of platelet aggregation in 44% of the patients.



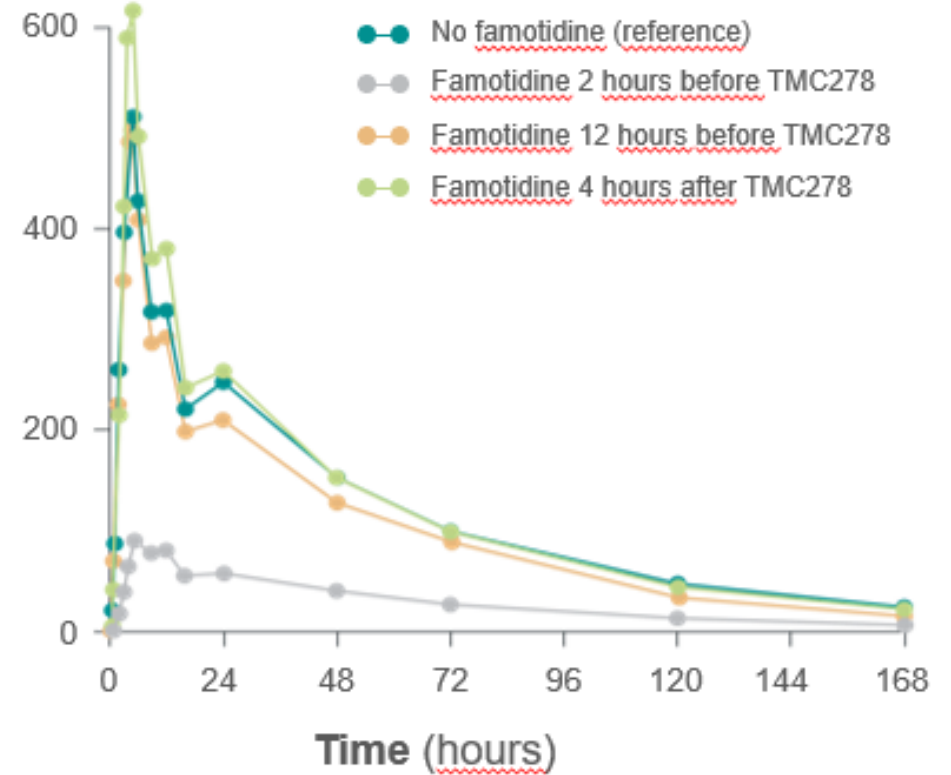
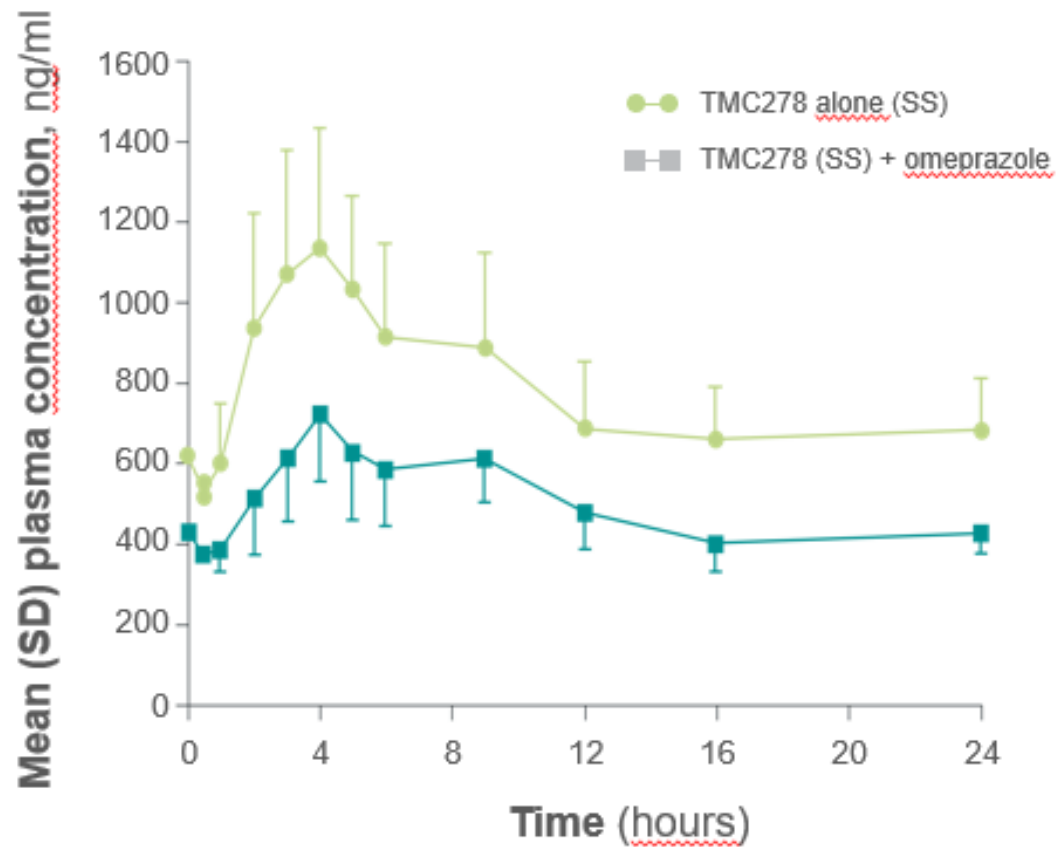
British Journal of Clinical Pharmacology

Bravo I, Álvarez H, Mariño A, Clotet B, Moltó J.
Br J Clin Pharmacol. 2018 Jul;84(7):1617-1619.

CASE REPORT

Recurrent coronary disease in HIV-infected patients: role of drug–drug interactions

Rilpivirine & Gastric pH



+ fármacos

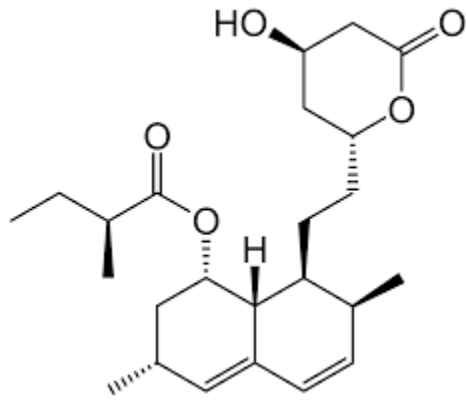
ASÍ NOS MEDICAMOS LOS CATALANES

Estos son los 20 medicamentos
más consumidos durante el
2021:

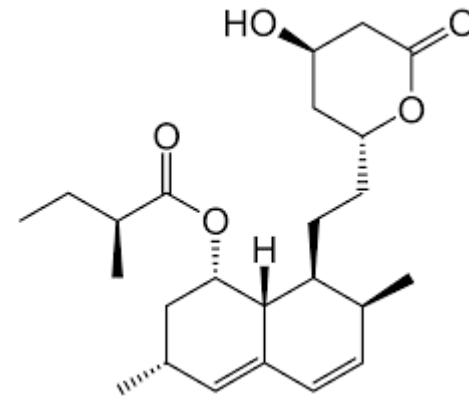
	FÁRMACO	GRUP	% ENVASES	ENVASES
1	Paracetamol	ANALGÉSICOS	5,82%	8.081.671
2	Omeprazol	IBP	4,73%	6.560.759
3	Simvastatina	ESTATINAS (COLESTEROL)	3,33%	4.622.067
4	Ácido acetilsalicílico	ANTIAGREGANTE	2,65%	3.675.843
5	Enalapril	ANTIHIPERTENSIVOS	2,18%	3.023.194
6	Bisoprolol	BETABLOQUEANTE (PARA EL CORAZÓN)	2,03%	2.822.373
7	Metformina	DIABETES	1,98%	2.741.610
8	Lorazepam	ANSIOLÍTICOS	1,95%	2.703.231
9	Atorvastatina	ESTATINAS (COLESTEROL)	1,85%	2.573.839
10	Metamizol de sodio	ANALGÉSICOS	1,85%	2.570.485

Lipid-Lowering Treatment Selector

	ATV/c	ATV/r	DRV/c	DRV/r	LPV/r	DOR	EFV	ETV	NVP	RPV	MVC	BIC/ F/TAF	DTG	EVG/c/ F/TAF	EVG/c/ F/TDF	RAL	FTC or 3TC	F/TAF	TDF	ZDV	
Statins																					
Atorvastatin	↑822%	↑	↑290%	↑	↑490%	↓2%	↓43%	↓37%	↓	↔	↔	↔	↔	↑	↑	↔	↔	↔	↔	↔	
Fluvastatin	↑	↑	↑	↑	↔	↔	↑	↑	↔	↔	↔	↔	↔	↑	↑	↔	↔	↔	↔	↔	
Lovastatin	↑	↑	↑	↑	↑	↔	↓	↓	↓	↔	↔	↔	↔	↑	↑	↔	↔	↔	↔	↔	
Pitavastatin	↑	↑ ^a	↑	↓26%	↓20%	↔	↓11%	↔	↔	↔	↔	↔	↔	↑	↑	↔	↔	↔	↔	↔	
Pravastatin	↑	↑	↑	↑81%	↔	↔	↓44%	↓	↔	↔	↔	↔	↔	↑	↑	↔	↔	↔	↔	↔	
Rosuvastatin	↑242%	↑213%	↑93%	↑48%	↑107%	↔	↔	↔	↔	↔	↔	↔	↔	↑38%	↑38%	↔	↔	↔	↔	↔	
Simvastatin	↑	↑	↑	↑	↑	↔	↓68%	↓	↓	↔	↔	↔	↔	↑	↑	↔	↔	↔	↔	↔	



Monacolina



Lovastatina

Patient #4

23 yo male

ART: **DTG/3TC**

Regular use of **protein supplements (gym) + anabolic steroids 1/yr**

Any concern regarding DDIs?

- 1) None
- 2) Lack of efficacy of ART
- 3) Lack of efficacy of co-medication
- 4) Potential toxicity of co-medication

Drug interactions between INSTI and cations



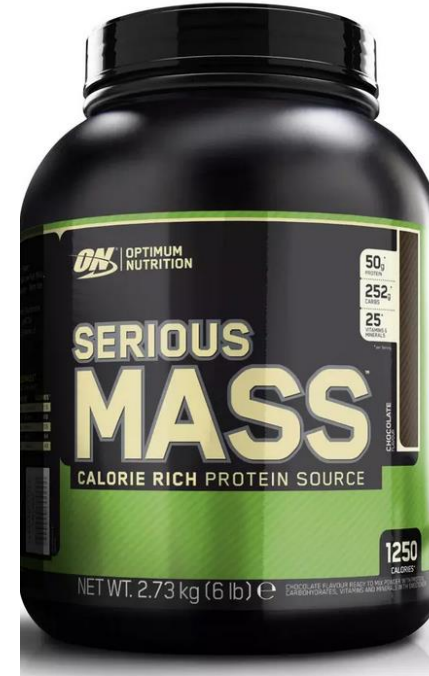
Carbonato
cálcico 267 mg



OH Al 200 mg
OH Mg 200 mg

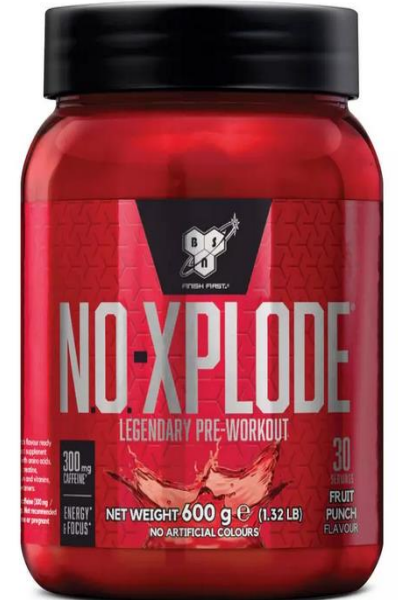


Magnesio 126 mg



Calcio 167 mg
Magnesio 15.3 mg
Hierro 1.3 mg
Zinc 080 mg, Cu, Mn,
Se, Cr...

≈ 199 mg



Magnesio 247 mg

DDIs between INSTI & +2 cations

		Mg/Al	Ca	Fe	Multivitamins
RAL	AUC	↓ 49%	↓ 55%		
	Cmax	↓ 44%	↓ 52%		
	Cmin	↓ 63%	↓ 32%		
EVG	AUC	↓ 45%			
	Cmax	↓ 41%			
	Cmin	↓ 47%			
DTG	AUC	↓ 74%	↓ 39%	↓ 54%	↓ 33%
	Cmax	↓ 72%	↓ 37%	↓ 57%	↓ 35%
	Cmin		↓ 39%	↓ 56%	↓ 32%
BIC	AUC	↓ 79%			
	Cmax	↓ 80%			
	Cmin				

HIV-1 Virologic Rebound Due to Coadministration of Divalent Cations and Bictegravir

Alex E. Rock · Patricia L. DeMarais · Pamala T. Vergara-Rodriguez ·
Blake E. Max

[Infect Dis Ther.](#) 2020 Sep; 9(3): 691–696.

Infectious Diseases and Therapy

Use of dietary supplements containing polyvalent cations and antacids among people living with HIV and its impact on viral suppression

[AIDS.](#) 2021 .





Real-life experiences on the clinical management of Drug-Drug Interactions (DDIs) in the provision of HIV healthcare

ARV involved	Comedication	Outcome↑ (A-Z)/↓ (Z-A)
Dolutegravir (V)	Mineral Supplements (P)	No unwanted outcome
Raltegravir (V)	Mineral Supplements (P)	Loss of efficacy
Raltegravir (V)	Mineral Supplements (P)	Loss of efficacy
Raltegravir (V)	Mineral Supplements (P)	Loss of efficacy
Raltegravir (V)	Mineral Supplements (P)	Loss of efficacy
Dolutegravir (V)	Mineral Supplements (P)	Loss of efficacy
Bictegravir (V)	Mineral Supplements (P)	Loss of efficacy
Dolutegravir (V)	Mineral Supplements (P)	Loss of efficacy
Bictegravir (V)	Mineral Supplements (P)	Loss of efficacy

Overview

1

Scenarios for DDIs

2

Interaction Potential of a Drug

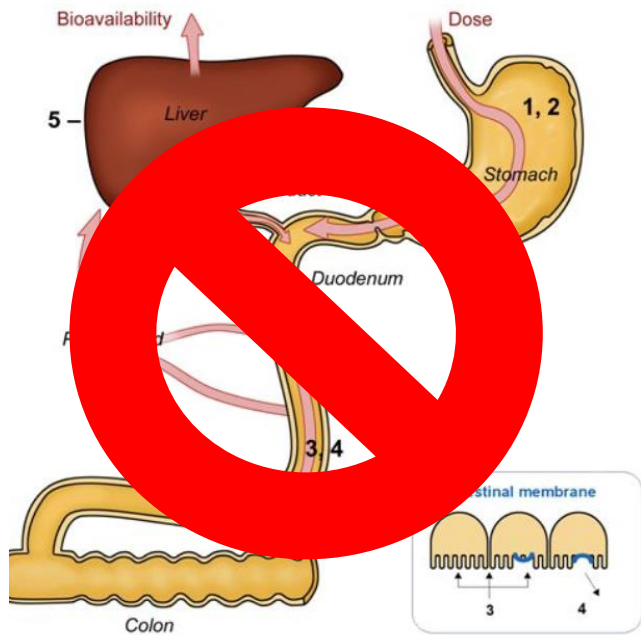
3

Main ARV Interactions of Concern

4

DDIs with new ARVs

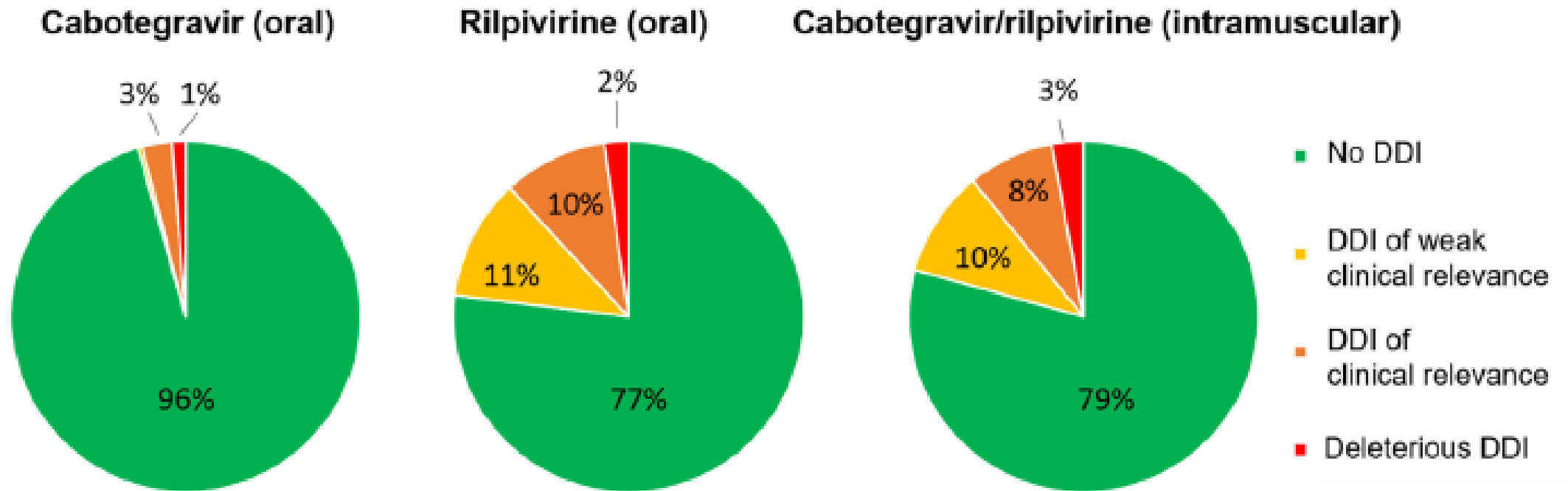
pH dependent absorption
Drug chelation
First pass metabolism
GI transporters



Lack of DDIs?

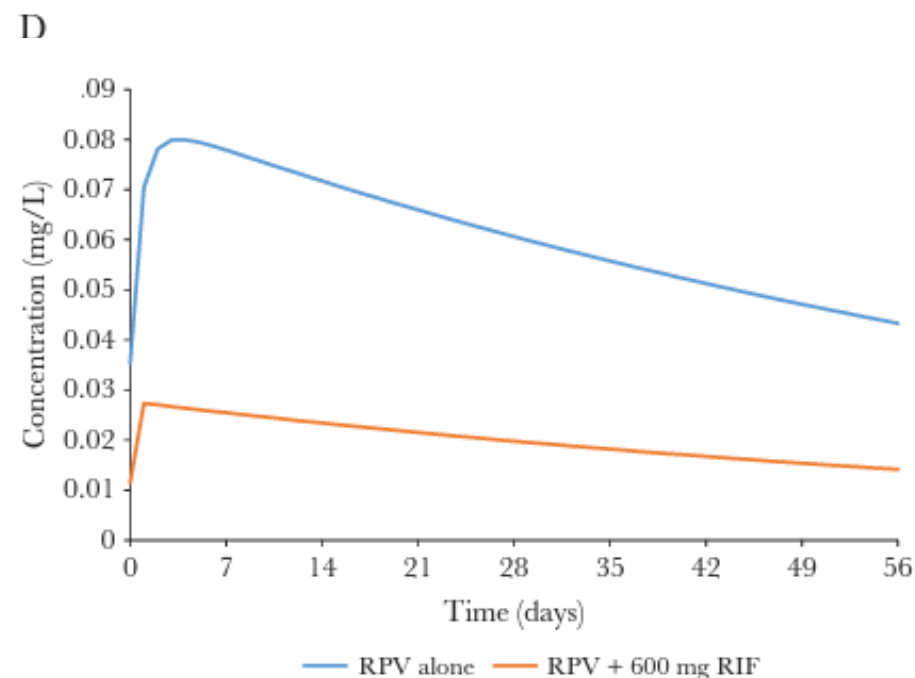
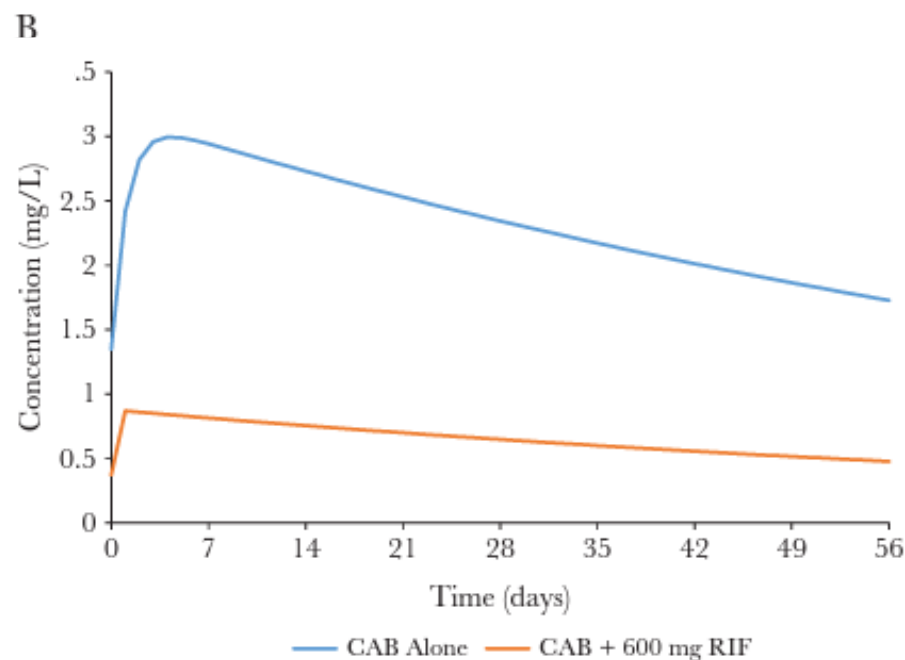


Pharmacokinetics and Drug–Drug Interactions of Long-Acting Intramuscular Cabotegravir and Rilpivirine



Predicting Drug–Drug Interactions Between Rifampicin and Long-Acting Cabotegravir and Rilpivirine Using Physiologically Based Pharmacokinetic Modeling

Rajith K. R. Rajoli,^{1,2} Paul Curley,¹ Justin Chiong,¹ David Back,¹ Charles Flexner,² Andrew Owen,¹ and Marco Siccardi¹

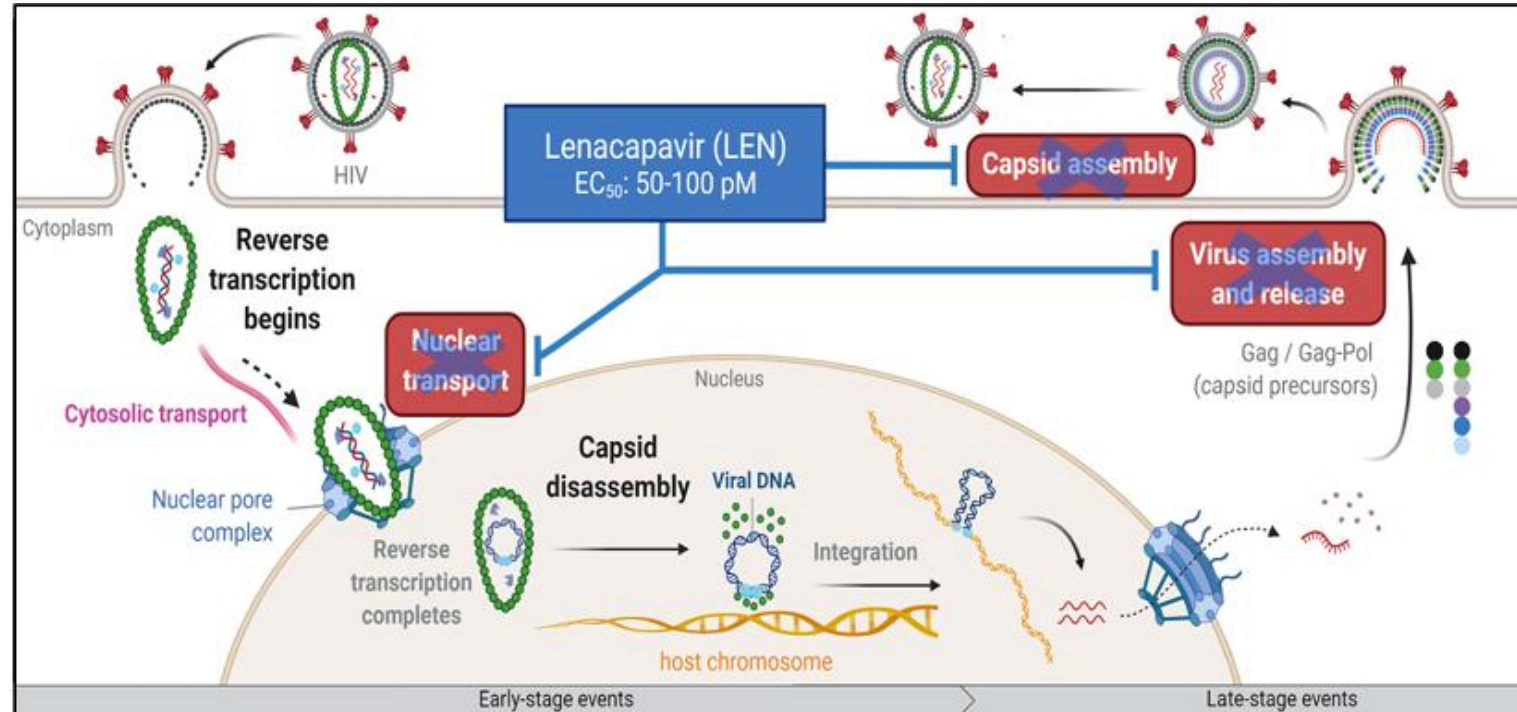


Lenacapavir

LEN Targets Multiple Stages of the HIV Replication Cycle

LEN binding directly between capsid protein subunits and inhibits 3 essential steps of the viral lifecycle:

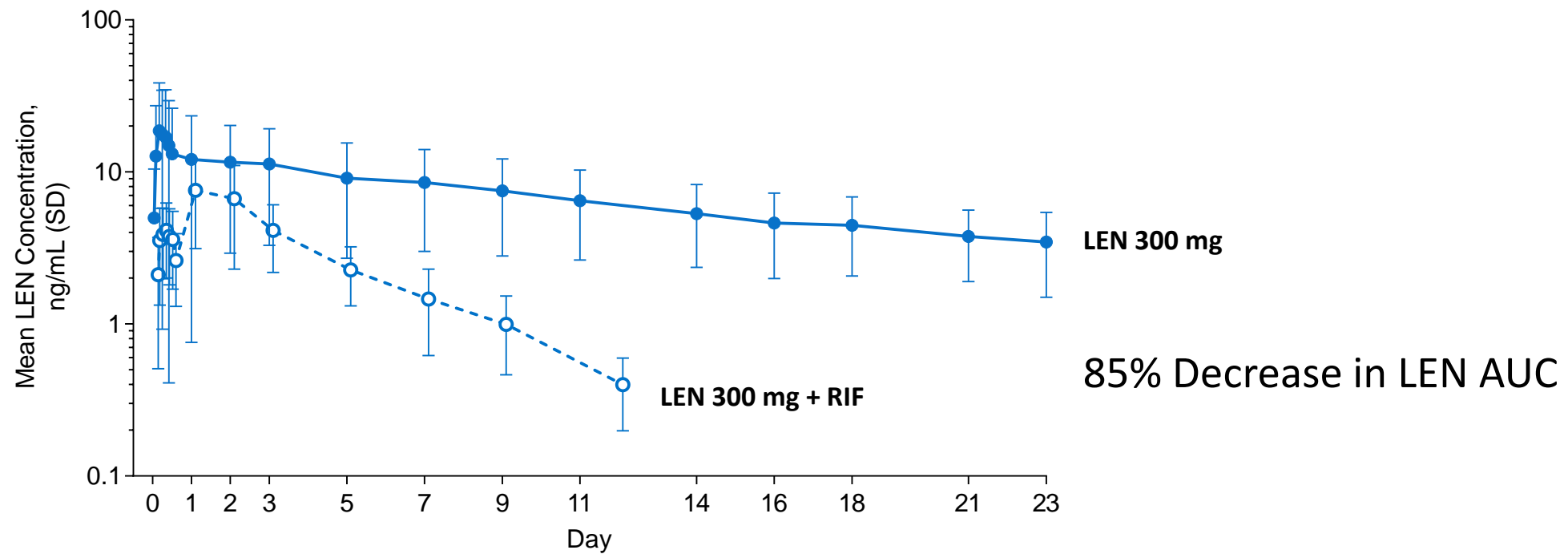
1. Capsid-mediated nuclear uptake of HIV proviral DNA
2. Virus assembly and release
3. Capsid core formation



LEN modulates the stability and/or transport of capsid complexes, leading to inhibition of multiple processes in the HIV lifecycle

Lenacapavir as victim for DDIs

Lenacapavir is a substrate of CYP3A, P-gp and UGT1A1.

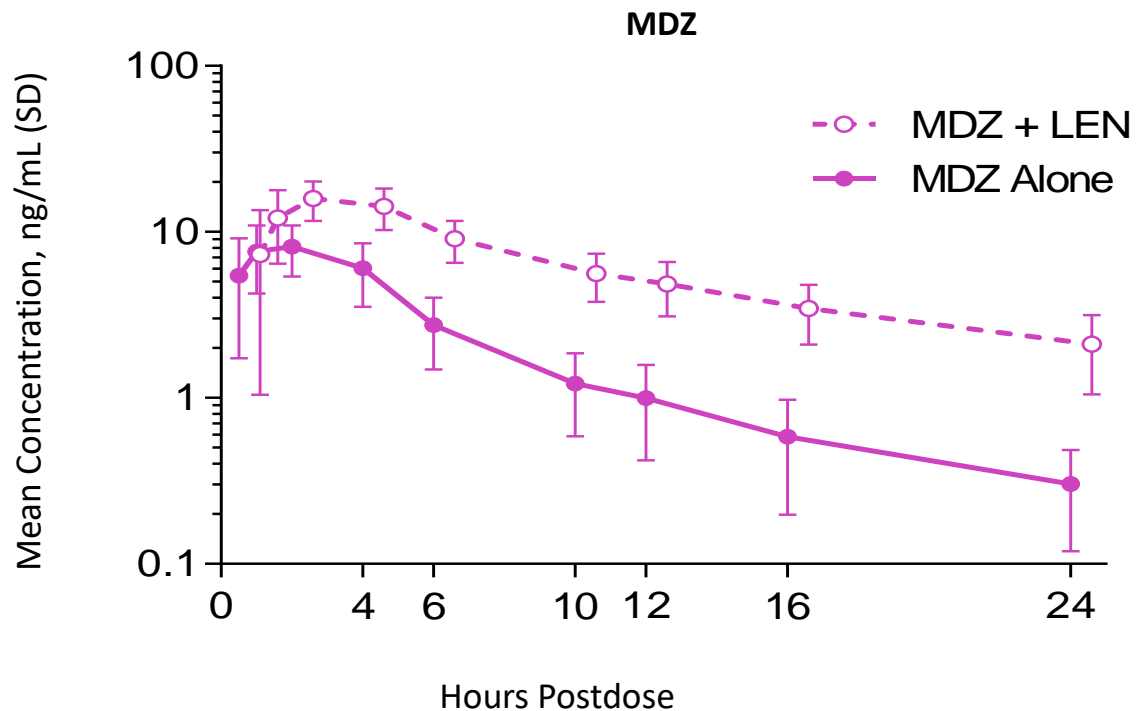


LEN + RIF coadministration contraindicated

RFB, EFV, ETR, anticonvulsants... contraindicated/not recommended

Lenacapavir as perpetrator for DDIs

LEN is a moderate inhibitor of CYP3A

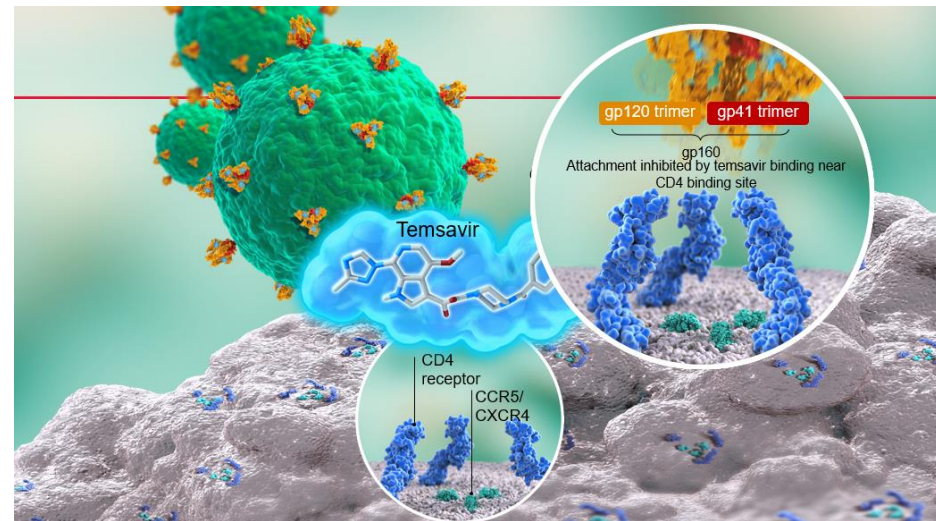


3.3x (3.1–3.6x) Increase in MDZ AUC

Caution with LEN coadministration with sensitive CYP3A substrates

Fostemsavir

- Prodrug metabolized to temsavir (TMR), a first-in-class attachment inhibitor that binds to HIV-1 gp120, preventing initial viral attachment and entry into the host CD4+ T cell^{1,2}
- Unique resistance profile with no *in vitro* cross-resistance to other antiretroviral (ARV) classes^{3,4} and activity regardless of HIV-1 tropism³⁻⁶



Date of issue of marketing authorisation valid throughout the European Union

04/02/2021

Temsavir is a substrate of P-gp, BCRP and CYP3A4

Concomitant Drug Class: Drug Name	Effect on Concentration of Temsavir and/or Concomitant Drug	Clinical Comment
Androgen receptor inhibitor: Enzalutamide	↓ Temsavir	Coadministration is contraindicated due to potential for loss of therapeutic effect to RUKOBIA.
Anticonvulsants: Carbamazepine Phenytoin	↓ Temsavir	
Antimycobacterial: Rifampin	↓ Temsavir	
Antineoplastic: Mitotane	↓ Temsavir	
Herbal product: St John's wort (<i>Hypericum perforatum</i>)	↓ Temsavir	

Temsavir inhibits OATP1B1/3 and BCRP

Concomitant Drug Class: Drug Name	Effect on Concentration of Temsavir and/or Concomitant Drug	Clinical Comment
Hepatitis C virus direct-acting antivirals: Grazoprevir Voxilaprevir	↑ Grazoprevir ↑ Voxilaprevir	Coadministration may increase exposures of grazoprevir or voxilaprevir; however, the magnitude of increase in exposure is unknown. Increased exposures of grazoprevir may increase the risk of ALT elevations. Use an alternative HCV regimen if possible.
Oral contraceptive: Ethinyl estradiol	↑ Ethinyl estradiol	Ethinyl estradiol daily dose should not exceed 30 mcg. Caution is advised particularly in patients with additional risk factors for thromboembolic events.
Statins:		
Rosuvastatin	↑ Rosuvastatin	Use the lowest possible starting dose for statins and monitor for statin-associated adverse events.
Atorvastatin	↑ Atorvastatin	
Fluvastatin	↑ Fluvastatin	
Pitavastatin	↑ Pitavastatin	
Simvastatin	↑ Simvastatin	

A stepwise approach to DDI management

Note all co-medications (prescribed, OTC and herbal products)

Consult pharmacist and online resources

Consider the nature of any interaction and whether an alternative to an 'interacting drug' is possible.

Some interactions can be managed by dose adjustment with careful monitoring

The screenshot shows the homepage of the HIV Drug Interactions website. At the top, there is a navigation bar with the site logo, the University of Liverpool logo, and links for 'Donate Now' and 'Interaction Checker'. Below this is a secondary navigation menu with links for 'About Us', 'Interaction Checkers', 'Prescribing Resources', 'Videos', 'Site News', 'Contact Us', and 'Support Us'. A green banner below the navigation menu reads 'HIV Chart app users - please update to the newest version to ensure up-to-date information'. The main content area features a large 'Interaction Checker' section with the text 'Access our free, comprehensive and user-friendly drug interaction charts'. Below this are six smaller sections: 'Educational Videos', 'Prescribing Resources', 'Twitter @hivinteractions', 'Mobile Apps' (with App Store and Google Play icons), 'Hepatitis Website' (with HEP Drug Interactions logo), and 'Cancer Website' (with Cancer Drug Interactions logo).



<http://www.interaccionesvih.com/>

Drug Interaction Tables

The cover of the 'HIV/HCV Drug Therapy Guide' features the UHN Toronto General Hospital logo at the top. Below it is a red ribbon icon followed by the text 'HIV//HCV' in large, bold, blue letters, and a liver icon to the right. Underneath, the words 'DRUG THERAPY GUIDE' are written in a smaller, bold, blue font. The background is white with a blue and gold horizontal bar at the bottom.

Our Interactive HIV/HCV Drug Therapy web application is now live!



<http://www.clinicalcasesddis.com/>

A stepwise approach to DDI management

Note all co-medications (prescribed, OTC and herbal products)

Consult pharmacist and online resources

Consider the nature of any interaction and whether an alternative to an 'interacting drug' is possible.

Some interactions can be managed by dose adjustment with careful monitoring

Thank you!